

# Meet the Counselor

**International School of the Sacred Heart**

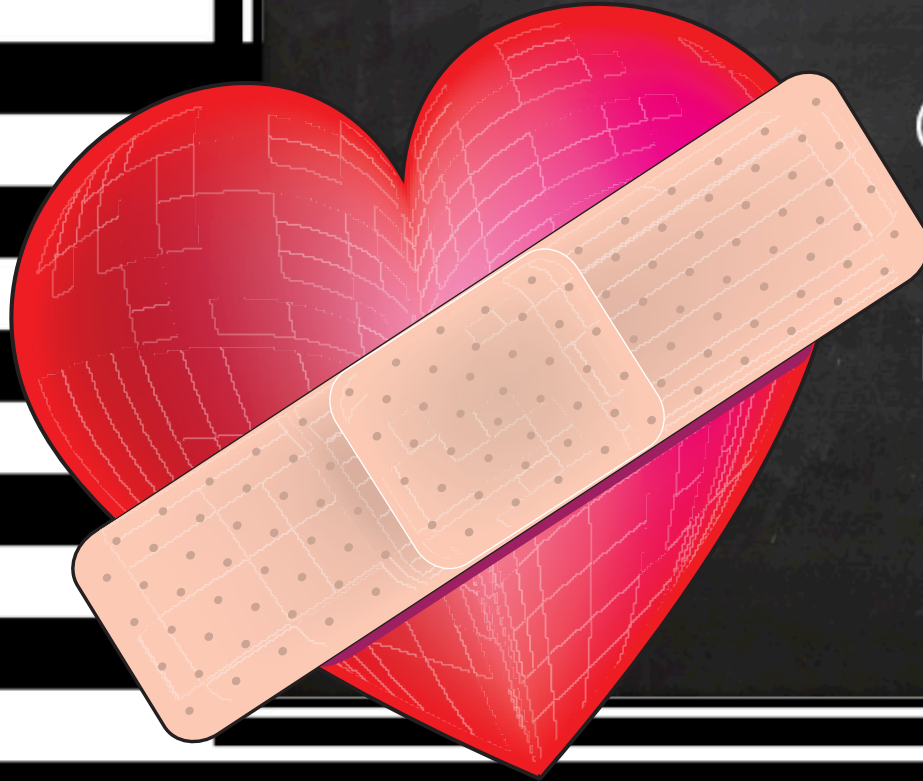
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**COMPREHENSIVE SCHOOL COUNSELING PROGRAM (CSCP)**

Counselors are here to  
help.



Coming to the  
counselor's  
office never  
means that a  
student is  
"in trouble."

# Six Characteristics of an Effective CSCP



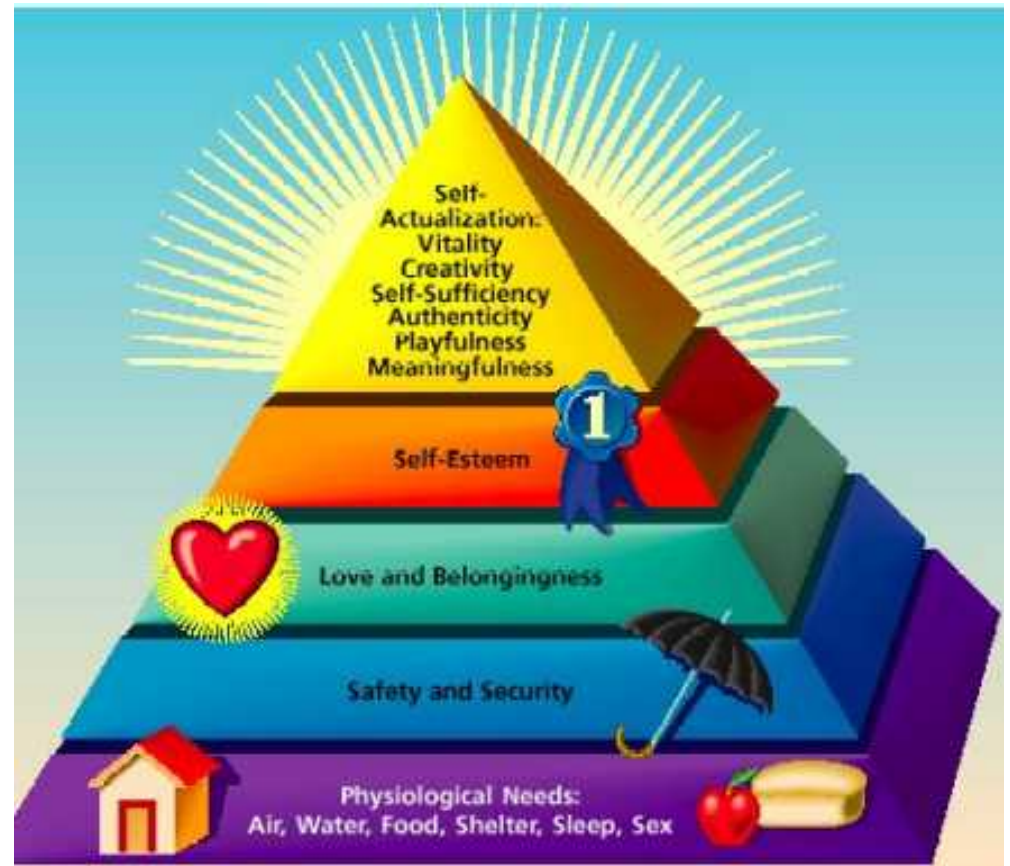
- **Holistic:** focus on all aspects of the student's development
- **Systemic:** work with all stakeholders to ensure the healthy development of all students
- **Balanced:** balance duties of counseling, educating, consultation and collaboration, leadership, and coordination and advocacy
- **Proactive:** develop preventative programs to ensure a positive, nurturing and safe school environment
- **Infused into the curriculum:** Finding ways to integrate social-emotional learning into all subject areas including Personal Education and Values classes.
- **Reflective:** evaluating and reassessing the current program by looking at data and trends. Making changes as needed.

Our community is the foundation for building healthy students.



We focus on all domains of student development in order to achieve positive results.

*Maslow's Hierarchy shows us that basic needs must be met in order for students to learn.*

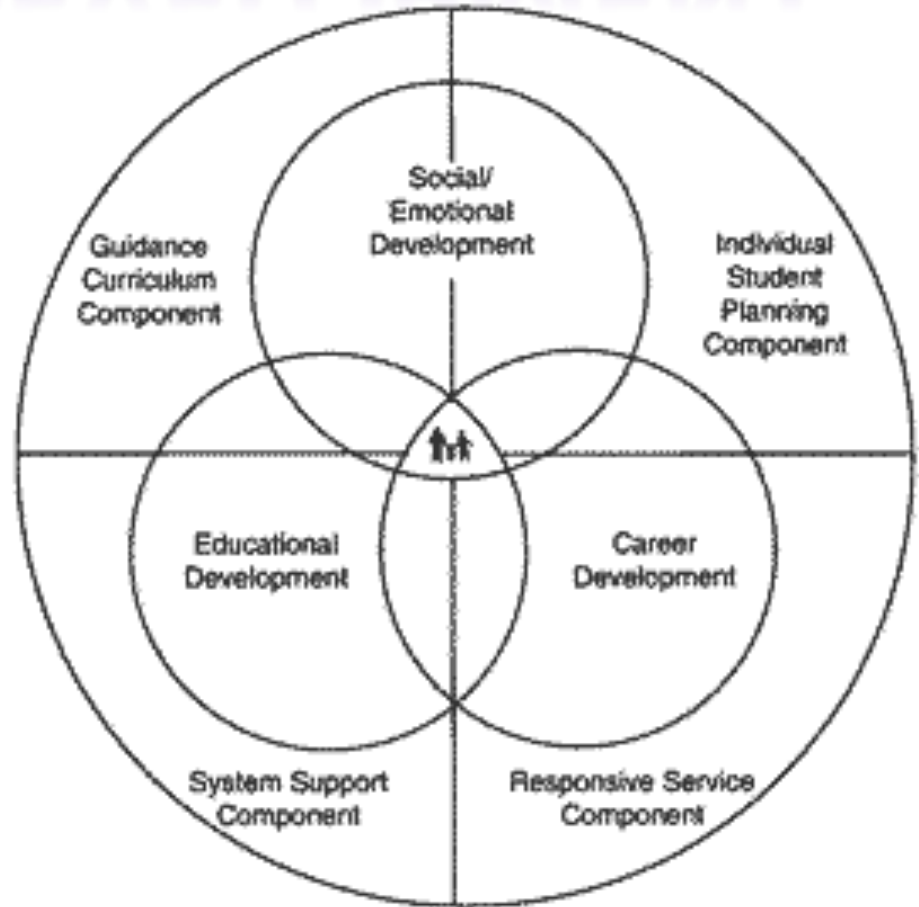




# DOMAINS OF STUDENT DEVELOPMENT

- **Academic**
- **Social/Personal**
- **College & Career**

All three areas must be addressed in order for students to thrive. Each domain is strengthened by the other domains.



# What does it take to make a safe, effective, great school?



# Who can help build an effective CSCP?

## Community / Stakeholders

- Students
- Parents
- Teachers
- Administrators
- Counselors
- Staff
- Business Partners
- Community Agencies





# Counselors



- Collaborate with all stakeholders to ensure the academic, social/personal, and career development of all students
- Develop programs to promote a positive, safe and respectful school culture
- Communicate programming progress via a weekly newsletter
- Use data to address the needs of the students
- Deliver classroom guidance /social-emotional lessons
- Host Small groups
- Individual counseling
- Host parent workshops, roundtables, and small groups
- Host teacher in-services, roundtables, and workshops
- Attend parent teacher conferences, IEP meetings.

# Students



- Serve as peer mentors
- Can get help for struggling students
- Attend small groups when needed
- Attend informal roundtable discussions with the counselor

# Teachers



- Work as a team with the counselor
- Attend counselor-led discussions and workshops
- May integrate academic lessons with guidance or social-emotional lessons
- Communicate student needs with counselor
- Refer at-risk students to the counselor
- Maximize parental involvement

# Administrators



- Act as role models for a positive, respectful school climate.
- Work with business partners to promote active participation from our community
- Partner with the counselors in developing a high morale amongst staff
- Partner with the counselors in implementing programs that foster a culture of respect and embraces diversity.

# Parents



- Have a huge presence in the school
- Attend informal counselor discussions and counselor-led workshops.
- Read books in the classroom
- Volunteer – library, special days, activities
- Can provide input for school counseling programming

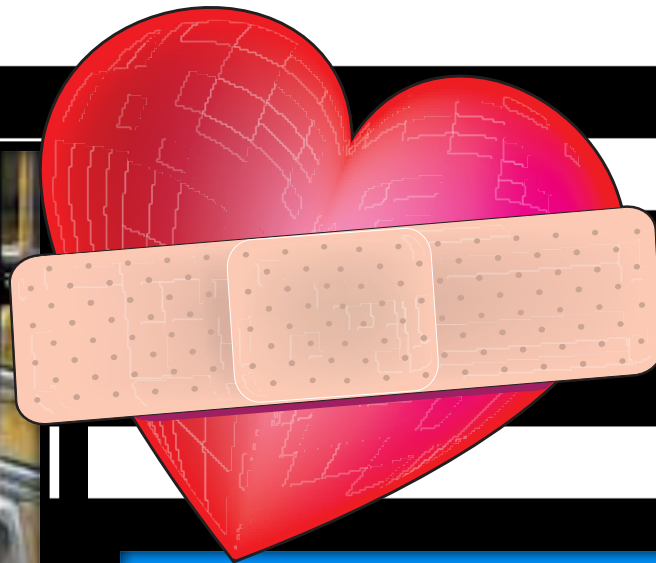


Watch for the following 3 things  
when talking to your students.

Report these to the counselor.

(Limitations to Confidentiality)

- someone is hurting the student
- the student wants to hurt someone
- the student wants to hurt self



"I've learned that people  
will forget what you said,  
people will forget what  
you did, but people will  
never forget how you  
made them feel."  
- Maya Angelou

# Resources

- “The Counselor’s View” Webpage  
<http://thecounselorsview.weebly.com/>
- Weekly blog on TCV webpage with resources, information, and insight.
- Email: [lynn.loveman@issh.ac.jp](mailto:lynn.loveman@issh.ac.jp)
- Drop by my office. Room 295- hallway of the side entrance